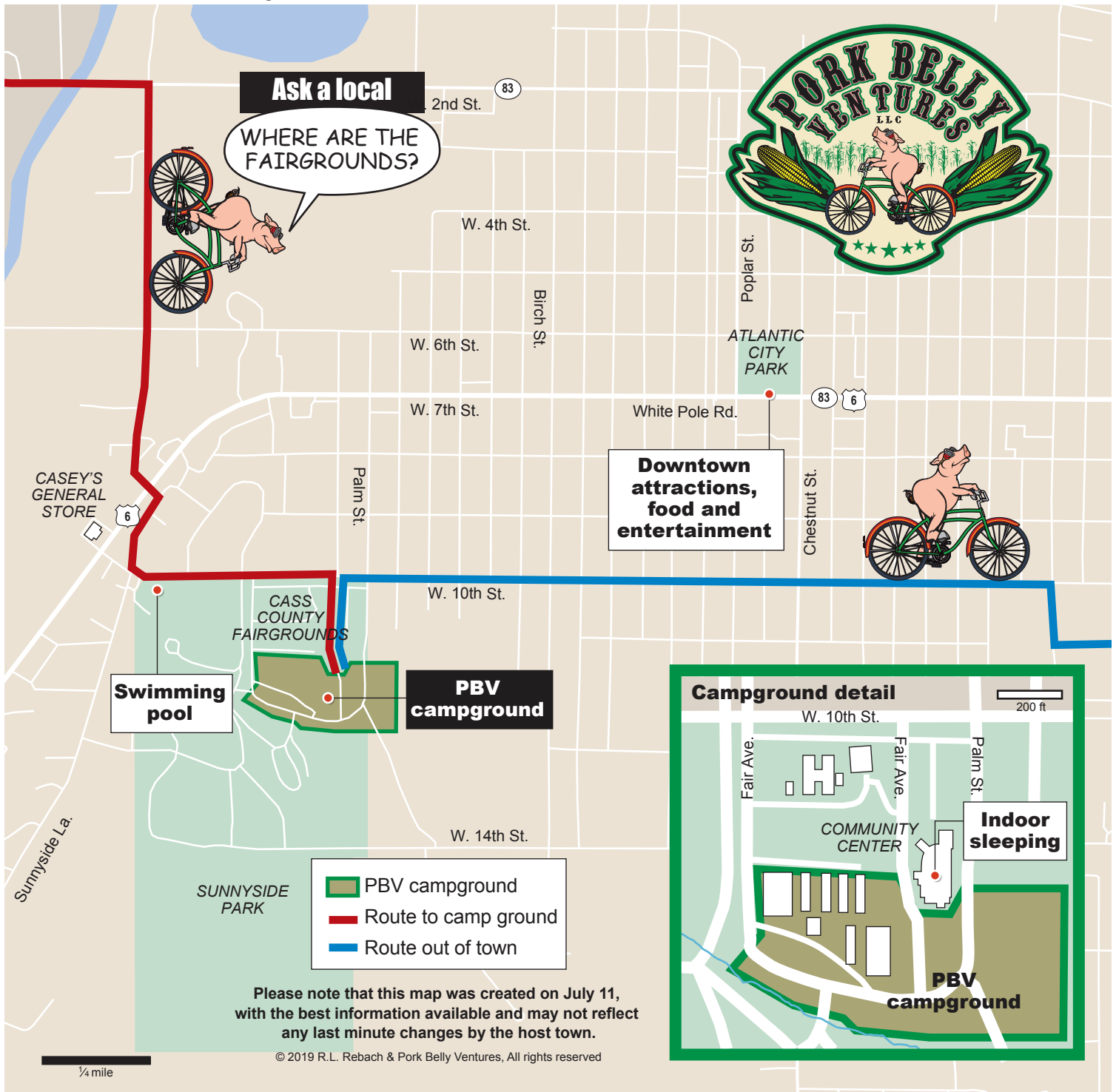


Atlantic: Day 1 campsite (Cass County Community Center, 805 W. 10th St.)



Day 1 profile



Day 1 mileage

59.9 miles, 2,825 feet of climb

City	Distance
Underwood	19.9 miles
Neola*	5.5 miles
Minden	4.5 miles
Avoca	11.0 miles
Walnut	5.8 miles
Marne	7.6 miles
Atlantic	5.6 miles

*Optional gravel loop adds 20.9 miles for a total of 80.8 miles, 4,032 feet of climb